

To: All Patients

As of August 1, 2017 I will be starting a new therapy called Low Dose Immunotherapy (LDI), and Low Dose Antigen (LDA) therapy. This therapy was developed in England, in 1967, by a doctor named Leonard McEwen. In 1993 Dr. William Schrader then developed The American EPD Society and did a large study of his methods. This study lasted until 2001 and over 100 physicians participated. They gathered data from approximately 10,500 patients, and studied the effects of LDA therapy with 65 different conditions, including food, environmental, and chemical allergies and additional conditions and diseases. Dr. Schrader developed many inhalant and food antigens and experimented with different dilutions and doses. This process was extremely complex, and well worth the effort. It was found that extremely diluted antigen solutions were effective doses, and the enzyme at a very weak dilution works well too.

Since then Dr. Ty Vincent expanded the focus to include low dose antigen therapy in 2009, using customized microorganisms or self-derived samples from patients to make different bodily substances in different concentrations for diverse auto-immune conditions. These include Lyme, inflammatory bowel disease (IBS), yeast issues, among many others like Epstein Barr, CMV, rheumatoid arthritis, and MS. This approach has proven to be incredibly effective in treating chronic illnesses that previously had no effective treatment options, or limited to toxic and expensive drug options.

LDI and LDA:

Allergy and autoimmunity represent a loss of appropriate immune “tolerance.” The idea behind this form of immunotherapy is to retrain tolerance to the immune system for specific antigens, either individually or on very large collections at once.



LDI is profoundly different from conventional immunotherapy used for environmental allergies. LDA/LDI is far safer, more effective, and much more user friendly than conventional immunotherapy. It is also able to treat more conditions than conventional allergy therapy. The doses with

LDI/LDA therapy are much lower and there has never been a case of anaphylaxis from a dose. In contrast, life-threatening reactions are shockingly common with the high doses of antigen given during conventional allergy shots. Adverse responses to LDI are common because of overdose when first initiating treatment, but typically involve mild to moderate exacerbation of existing sensitivity symptoms.

The doses are far less frequent than conventional immunotherapy. We tend to give “full doses” as frequently as every seven weeks, and then it spaces out from there as the patients do better with each dose; however early-on doses can be given every couple weeks as “titration” and “booster” doses. This will be further explained during the consult.

I am very excited to bring this therapy to the practice as I feel it will be the icing on the cake to getting patients back to health. I personally suggest you take some time and check out Dr. Ty Vincent’s videos on YouTube about LDA/LDI therapy; they vary in length, some short and some longer, but are very informational in regards to the explanation of LDI/LDA therapy and how it can benefit you, and possibly change your life for the better.

With the addition of immunotherapy, I still feel the other treatments we implement at Riverbend Integrative Medicine (ie., fixing the gut, detoxing, ozone, and other intravenous therapies, etc.) are still needed and are beneficial in conjunction with LDI/LDA to fully optimize one’s mind, body and spirit.

LDI/LDA Therapy Costs:

Established Patients:

\$250.00 for established patients as you are already established and have had the initial, comprehensive consult.

New Patients:

\$400.00 for new patients, that haven’t been previously seen at the clinic yet.

With this price, it will include a detailed explanation of LDA/LDI, what it entails, how we will monitor progress, and how you will receive treatment. We will ask that you keep close track of symptoms with a daily journal and follow up every 10 days until we achieve desired doses. This will all be explained in the first visit. In addition, pricing includes 5 e-mails, directly sent to me, every 10 days to monitor and discuss how the treatment is progressing. These emails include short explanations: When was your last dose, what was the response, and how you’re feeling. This will determine when we have reached target dose. Again, this will be explained more with first visit.

For each 5 syringes of antigens it will cost \$125.00, no matter how many antigens are in each syringe, and \$10.00 for any additional syringes in excess of five.

Every LDI/LDA patient is expected to follow up every 7 weeks. My office visits will be at the rate of \$250.00 per hour (this is minimal compared to the what other physicians are charging for this service at \$600.00 an hour). These follow ups can vary from length of time, depending on the visit and how many questions or concerns you may have, however, they will most likely be 30 minute appointments.

For more information concerning LDI/LDA, I encourage you to take the time and watch the videos by Ty Vincent (1-16) on YouTube. Typically, they are short and present the research information about LDA/LDI and it will better prepare you for the first visit. Please bring any questions you may have at that time, and I will make sure they get addressed.

Riverbend Integrative Medicine is excited to offer this new therapy, adding to the collective healing our clinic already offers. We are a team of spirited professionals that offer hope and guidance in your healing experience. In addition to LDI/LDA, we also offer chiropractic services for all ages, acupuncture and Chinese cupping, therapeutic massage including lymphatic facilitation, counseling, biofeedback for emotional and stress management, IV therapies, and nutritional response testing.

Please feel free to contact our office for any questions or concerns you may have; we will certainly do our best to get them answered.